



Breakfast in the Classroom (K-5, K-8) Menu August/September 2012

All breakfasts are FREE. Full student breakfast includes choice of entrée, 1 fruit choice & choice of 1% or skim white milk.

Monday	Tuesday	Wednesday	Thursday	Friday
8/27 Assorted Whole Grain Muffins Hard Boiled Egg Local Apple	28 Turkey Sausage & Egg Sandwich on a Whole Wheat English Muffin Fresh Orange	29 Whole Wheat Bagel w/ Reduced Fat Cream Cheese Local Pear	30 Egg & Cheese Sandwich on a Whole Wheat English Muffin Fresh Banana	31 Whole Grain Maple French Toast Sticks 100% Mixed Berry Juice
9/3 <i>Labor Day</i>	4 Whole Grain Berry Kix Cereal Bowl Graham Crackers Fresh Orange	5 Turkey Ham, Egg & Cheese Sandwich on a Whole Wheat Bagel Local Pear	6 Whole Grain Breakfast Bar Yogurt Cup Fresh Banana	7 Egg & Cheese Sandwich on a Whole Wheat English Muffin 100% Mixed Berry Juice
10 Assorted Whole Grain Muffins Graham Crackers Local Apple	11 Turkey Sausage & Egg Sandwich on a Whole Wheat English Muffin Fresh Orange	12 Whole Grain Cinnamon Toast Crunch Cereal Bowl Yogurt Cup Local Pear	13 Turkey Ham, Egg & Cheese Sandwich on a Whole Wheat Bagel Fresh Banana	14 Whole Grain Maple French Toast Sticks 100% Mixed Berry Juice
17 Savory Chicken Sausage on a Whole Wheat Biscuit Local Apple	18 Whole Grain Breakfast Bar Yogurt Cup Fresh Orange	19 Turkey Ham, Egg & Cheese Sandwich on a Whole Wheat English Muffin Local Pear	20 Whole Wheat Bagel w/ Reduced Fat Cream Cheese Fresh Banana	21 Egg & Cheese Sandwich on a Whole Wheat Bagel 100% Mixed Berry Juice
24 Whole Grain Cinnamon Toast Crunch Cereal Bowl Graham Crackers Local Apple	25 Turkey Sausage & Egg Sandwich on a Whole Wheat English Muffin Fresh Orange	26 Whole Wheat Bagel w/ Reduced Fat Cream Cheese Local Pear	27 Egg & Cheese Sandwich on a Whole Wheat English Muffin Fresh Banana	28 Whole Grain Maple French Toast Sticks 100% Mixed Berry Juice